

The Tampa Bay Inclusive Resource Guide

A Comprehensive Companion by Strength Happens

Whether you are looking for an adaptive summer camp, a sensory-friendly museum visit, or an inclusive playground, the Tampa Bay area is filled with incredible organizations dedicated to accessibility. Use this guide to discover the best community programs, arts, fitness, and family support resources available.

Adaptive Summer Camps & Programs

Hillsborough County Adaptive Recreation Summer Camp

Designed to create an inclusive environment for children with disabilities to participate in recreational activities adapted to their needs. Held at multiple locations including Brandon, Carrollwood, Gibsonton, and Keystone.

Multiple Locations

County Parks & Rec

YMCA of the Suncoast – Camp COAST

Geared toward children on the autism spectrum and those with developmental disabilities (ages 5–16). Features a low staff-to-camper ratio, sensory games, swimming, and field trips.

Ages 5-16

Autism-Focused

Easterseals School for Limitless Learning (Valrico)

Engaging summer enrichment programs for Pre-K through 2nd grade. The facility features a state-of-the-art sensory room and a Boundless Playground designed for all abilities.

Early Childhood

Sensory Room

Rotary's Camp Florida (Brandon)

A fully ADA-compliant, 21-acre campus that serves as a venue for various organizations (like the Florida Diabetes Association and 1Voice Foundation) to host specialized medical and accessible camps.

Medical Support

ADA Compliant Venue

High 5, Inc. TRIDENT Program (Brandon)

An exceptional program for individuals with intellectual disabilities emphasizing active recreation, social/interpersonal skills, and independent life skills, featuring both day and after-school options.

Life Skills

Active Recreation

Museums & Cultural Experiences

Glazer Children's Museum (Tampa)

A leader in inclusive play offering "Sunshine Sunday" on the last Sunday of each month. The museum provides dimmed lights, sensory bags, strobe-reduction glasses, and quiet spaces.

Sensory Bags

Autism-Friendly Certified

Inclusive Playgrounds

Freedom Playground at Macfarlane Park

Thoughtful design allows children with various physical and sensory needs to play alongside their peers, featuring accessible pathways and sensory stations.

Outdoor

Sensory Stations

New Tampa All Abilities Playground

Built with the explicit goal of providing an inclusive environment where children of all physical and cognitive abilities can enjoy outdoor play on specialized, safe surfaces.

Specialized Equipment

Safe Surfacing

Playgrounds of Tampa

An indoor play facility providing a climate-controlled environment, which is highly beneficial for children who experience difficulty with heat or outdoor sensory stimuli.

Indoor

Climate-Controlled

Lesley "Les" Miller Jr. All People's Community Park

A regional hub for adaptive programs. The playground is part of a larger community center that emphasizes accessibility and integration across a broad spectrum of needs.

Community Center

Adaptive Hub

Adaptive Arts & Fitness Programs

Special Strong (Tampa)

Specializes in adaptive training for children and adults with special needs, focusing on building strength, endurance, and balance while managing sensory needs and anxiety.

Physical Fitness

1-on-1 Training

Inspire Studios (Lutz/Land O' Lakes)

Offers specialized programs for children with special needs, integrating inclusive music, theatre, and art sessions, including their "Drums in Motion" motor-skill class.

Music & Art Therapy

Motor Skills

Creative Clay & Painted Leaf Studio

Dedicated art spaces prioritizing sensory-friendly, expressive, and process-based art experiences for individuals with neuro-differences, thriving on small class sizes.

Visual Arts

Neuro-Diverse Friendly

Library, Literacy & Community Support

Hillsborough County Public Library Cooperative

All HCPLC locations provide in-library Sensory Toolkits containing noise-canceling headphones and fidgets, as well as online Social Narratives to prepare children for library visits.

Sensory Toolkits

Social Narratives

Florida Bureau of Braille and Talking Book Library

Provides vital materials in Braille and recorded audio formats for children unable to use standard print due to visual, physical, or reading disabilities.

[Audio Books](#)[Braille](#)

State & Regional Support Networks

Organizations like **Help Me Grow Florida**, **Family Network on Disabilities**, and the **Agency for Persons with Disabilities (APD)** provide essential advocacy, developmental assessments, and service connections for families.

[Advocacy](#)[Service Connections](#)

Created for the Strength Happens community. Discover. Connect. Empower.