

Strength Happens – Episode Takeaways

“Halle’s Joy. Our Mission.

A Giving Tuesday Conversation”

★ 1. The Heart of Giving Tuesday

- A global day centered on generosity, connection, and community impact.
- Giving isn’t only financial – it includes time, presence, kindness, advocacy, and sharing stories.
- Every act of generosity creates a ripple effect.

★ 2. Spotlight: The Halle Grace Foundation

- Mission: To honor Halle Grace’s legacy by educating medical professionals, supporting families, and empowering children with medical complexities – all through the lens of empathy, resilience, and humanity.
- How it Began: Jill created the foundation to give meaning to the lives and challenges of Halle and her siblings – transforming pain into purpose.
- The Needs It Addresses:
 - Bringing humanity and empathy back into healthcare.
 - Educating future medical professionals on the psychosocial impact of disability.
 - Supporting families who feel isolated or unseen.
 - Providing comfort and joy to hospitalized children through toy drives and Sparkle Bags.

★ 3. Real Impact: One Story That Says It All

- A medical student once told Jill that after hearing her speak, they reversed their decision to leave medicine. They realized their empathy was a strength, not a weakness – and went on to pursue becoming a physician.

➡ One story. One impact. One changed future.

★ 4. The Challenges of Small Nonprofits

- Visibility - Getting the word out for others to more about the work we do. Including this podcast!
- Funding - Any donation goes straight back into the work we do: podcast, education, empowerment, toy drive
- Asking for help

Yet the mission remains simple: “If we reach one family or one child – it’s worth it.”



★ 5. How You Can Support The Halle Grace Foundation

- Ways to Give This Giving Tuesday:
 - Donate (online or mailed).
 - Start or join a toy drive for the June 2nd Halle Grace Toy Drive – celebrating Halle’s birthday with joy and giving.
 - Support Sparkle Bags for hospitalized kids.
 - Invite the Foundation to speak with your university or healthcare program.
 - Share their mission – spreading awareness is a gift, too.

★ 6. Volunteer Perspective: Why It Matters

- Volunteering is about showing up with your heart, not perfection.
- Small acts (time, energy, kindness) create big impact.
- Giving Tuesday is an invitation for anyone to make a difference – even in small ways.

★ 7. Causes Close to Our Hearts

- Because giving back is personal:
 - Arthritis Foundation – Janine’s anchor organization.
 - Make-A-Wish Foundation – meaningful to Jill’s entire family, granting life-changing wishes to her three children.
 - Local & national nonprofits that listeners personally care about.

★ 8. Core Message of the Episode

- Giving back isn’t about the size of the act – it’s about the heart behind it.
- Generosity grows community.
- Storytelling grows compassion.
- And together, they spark real change.

★ 9. Your Next Step

- This Giving Tuesday:
 - Give what you can.
 - Share what matters.
 - Lift up a cause you love.
 - Or simply spread hope.
 - Kindness is contagious. Let’s make it go viral. 🌟

